

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Januarius Bart HEADCOACH

Coaches: Leemans Mats

Coaches: Crevits Jonas

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:3, starttime: 09:05
Heat: 3/5 Lane : 7 Athlete: NAZARUK NICOLE					Q-time: 01:05:63
PB (25m pool): 1:03.60 Diksmuide 19 Nov 2023			PB (50m pool): 1:05.87 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.33		1:03.60	
	30.33		33.27		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:7, starttime: 09:20
Heat: 7/7 Lane : 3 Athlete: THIÉBAUT NOAH					Q-time: 00:57:61
PB (25m pool): 57.61 Leuven 11 Oct 2025			PB (50m pool): 58.39 SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.62		57.61	
	27.62		29.99		
					

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:3, starttime: 09:45	
Heat: 3/4 Lane : 3 Athlete: NAZARUK NICOLE							Q-time: 02:19:27	
PB (25m pool): 2:16.74 Sint Amandsberg 11 Nov 2023				PB (50m pool): 2:23.52 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.33		1:05.54		1:40.92		2:16.74
	31.33		34.21		35.38		35.82	
								

Coach feedback:

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Event number: 35: 50M BUTTERFLY MEN							Heat:6, starttime: 09:55	
Heat: 6/6 Lane : 7 Athlete: THIéBAUT NOAH							Q-time: 00:25:43	
PB (25m pool): 25.51 Gent 11 Nov 2024				PB (50m pool): 25.43 SB:				
	2 5 M		5 0 M					
PB			25.51					
	25.51							
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN						Heat:3, starttime: 10:10		
Heat: 3/5 Lane : 5 Athlete: CLEYMANS TORBEN						Q-time: 02:20:47		
PB (25m pool): 2:20.47 Leuven 11 Oct 2025			PB (50m pool): 2:26.51 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.73		1:06.83		1:44.64		2:20.47
	30.73		36.10		37.81		35.83	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN						Heat:3, starttime: 10:10		
Heat: 3/5 Lane : 6 Athlete: CLEYMANS KARSTEN						Q-time: 02:22:81		
PB (25m pool): 2:22.81 Leuven 11 Oct 2025			PB (50m pool): 2:32.63 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.25		1:08.70		1:45.08		2:22.81
	32.25		36.45		36.38		37.73	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN						Heat:4, starttime: 10:15		
Heat: 4/5 Lane : 6 Athlete: VAN GROENIGEN KARSTEN						Q-time: 02:22:16		
PB (25m pool): 2:21.26 Sint-Amandsberg 19 Oct 2025			PB (50m pool): 2:23.53 SB:					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.10		1:07.20		1:44.51		2:21.26
	31.10		36.10		37.31		36.75	
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:4, starttime: 10:25
Heat: 4/8 Lane : 7 Athlete: IANNINO VALENTINA					Q-time: 00:59:27
PB (25m pool): 59.27 Leuven 11 Oct 2025					PB (50m pool): 1:00.63 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.38		59.27	
	28.38		30.89		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:6, starttime: 10:40
Heat: 6/9 Lane : 1 Athlete: THIéBAUT NOAH					Q-time: 01:00:81
PB (25m pool): 1:00.81 Sint-Pieters-Leeuw 5 Oct 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback: